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To whom it may concern,

I'm writing this letter of recommendation on behalf of my former summer communications intern, Sophia Kirschner. During her time at USA Track & Field, Sophia was an asset to our communications team and consistently demonstrated exceptional work ethic and strong skills that made a marked impact on our department's work over the summer.

During her time at USATF, she was responsible for compiling and writing summaries of daily news clips which she sent out to a list of 500+ people, worked on athlete bios which were used internally during the 2024 Paris Olympic Games, and assisted with press releases and news stories throughout the season. Sophia showed strong writing skills with her ability to capture our brand voice from social captions to roster announcements while adapting to our organizational writing style.

Beyond her technical ability, Sophia was always a pleasure to work with. She was a quick learner who never shied away from a task and was always willing to ask questions. Throughout her internship, she worked well with interns and staff, was easy to collaborate with, and had an acute sense for detail.

Above all, Sophia's pride in her work is what made her stand out the most. No matter the size of the task, I could trust that she would put forth an effort she was proud to put her name on. Sophia was truly a pleasure to work with and I believe she would be an invaluable addition to any team.

If you have any questions, please don't hesitate to contact me.

Thanks,
Natalie Uhl